**BBC Radio Asia**

02/15/2017 01:24:03 PM

* [BBC Radio Asia](https://scout.tveyes.com/) /

* [U.K. National Radio](https://scout.tveyes.com/)

next today a sprained hamstring and metatarsal fracture they're all common football injuries we hear about all the time but what about brain damage a study suggests repeated blows to the head during

a football his career maybe it's dementia then shall has more that is his old club for the players to a new study stand repeat his head is like the ones you've just heard could be linked to long-term brain damage post-mortems of 6 footballers found 4 of them had a type of dementia the can be caused by repeated blows to the head is previously been linked to boxing in american football army examined the brains of autopsy he saw the sort of changes that the scene in x boxes to the changes the tickly associated with peter head injury but as hugh morris through the ucl's institute of neurology to the 1st time in a series of players who shown that there is evidence that head injury has occurred early in their life which presumably have some impact on and got into venture aston villa midfielder andy townsend spoke to bbc 5 live last month about his father's dimentia is the

a chilly with the laces on it when i was little it coming you why you did that you shut your eyes and cringe and you feel everything wrapped around a ahead for for for seconds after was still involved in training you still do everything that you know we don't match day hundreds of times over during the week don't move come on evan affected must have the ex footballer who studied had played the game for an average of 26 yeas an all 6 went on to develop dementia in their 60s this is the 1st study of its kind it was limited to a small group of just 6 former players doctor david reynolds is from alzheimer's research uk price of the top and of the scale where you headed the ball hundreds of times a week if you have say an amateur footballer might only head the ball maybe once in a game or something what we don't know is between those two kind of extremes and he blows to the head could actually have an impact on the long-term brain helps the inquest of ex england and west brom player jeff astle who died in 2002 found that repeatedly heading heavy leather footballs

had contributed to trauma to his brain his family have been campaigning for further research dawn is his daughter and my dad was a footballer how did he die his boxers brain and the 2nd on 8 have we got a problem with dimensional form players really do think we have a serious problem former england striker kevin davies says there needs to be more resets and see where we are involved and we tell the stats back during a game it could be between 25 and 40 times some sessions where you hurling balls to defend it was in the balls and paste them to defend had on board it was a bit time think that has changed a lot enough the style of football has changed a lot but is it the belief that more research is more evidence with a new football a lot lighter have been speaking today as just so you worked in the game for quite a while have you about 15 yrs the grassroots level a here coach and manager at the grassroots football

club was funded the 60s 70s when they're using leather balls nowadays they used a lighter balls are not the medal hauls bemused maybe maybe that has improved the football association has welcomed the study that says research is critically needed to find out whether degenerative brain disease is more common in ex footballers a call this afternoon an asian women's groups says a culture of shame and honour within the community is preventing them from speaking out about their problems just hayley was set up a we're here again the midlands to sport we days and single mothers since then he's become a safe haven for or asian females he needs support the group holds monthly sexual offence but they hope to empower women into nature reports found the girl who played by all girl band paternal style dressed in crimson girls who work in these they're performing to a packed room